



Oral Surgery and Anesthesia Pre-operative Instructions

1) **Fasting for surgery with anesthesia** — For surgery with sedation or anesthesia you **must not eat or drink anything for at least six hours prior to surgery** (except to take certain medications with sips of water) and you **must arrange for a licensed driver to stay and drive you home afterward.**

2) **Current medications** — Certain medications should be continued; antibiotics, blood pressure and thyroid medications, medications for mood, anxiety and depression, with small sips of water **before surgery as directed by your doctor.** Please ask if you are not sure.

3) **Clothing & Attire** — To ensure your safety, multiple monitors will be attached to you. You will also have a secured nasal-mask for supplemental oxygen. **Wear comfortable loose fitting clothing (short sleeves or a T-shirt).** Any clothing/garment that may interfere with the visibility of your skin or monitoring or restrict access to your mouth, face, head, neck or chest may pose a risk for contamination, and interfere with the recognition and management of complications such as an allergic reaction and therefore are strictly prohibited and not permitted. If you have questions please ask.

4) **Facial hair and nail polish** — Facial hair can prevent masks that provide oxygen from fitting securely and can also obscure visibility of the skin preventing recognition of signs of an allergic reaction, and may also get caught on instruments, materials, or tools used during your surgery. Shave prior to surgery for your own safety. **Nail polish** interferes with the function of monitoring which is critically important during surgery with anesthesia. Remove all nail polish prior to your surgery for your own safety.

5) **Smoking** — The toxins in cigarette smoke are very irritating to the airway which increases risk for complications during anesthesia. **Do not smoke before or after your surgery.** Smoking is hazardous to you and to others; it is also extremely detrimental to healing, and is also associated with a greater risk for complications including dry socket, infection, delayed healing, and worse pain after surgery.

6) **Contact lenses** — Avoid wearing contact lenses if you are having surgery with anesthesia.

7) **Changes in health, medications, or insurance** — Please notify the office/doctor of any changes in your health, medications, or insurance; if you become sick or ill before your surgery, please call.

8) **Surgical Operatory Set-Up, Medication & Materials Surcharge** — Oral & Maxillofacial Surgery of Fairfield County is happy to answer your questions and to assist you with scheduling, and provides the service of contacting insurance carriers for benefit determination on your behalf. Please arrive early for surgery so that we may address all of your concerns. The surgical operatory, monitors, instruments, equipment, materials, and medications will all be prepared for you prior to your surgery.

I, (print name of adult patient/guardian/parent) _____, have read the above pre-operative instructions and acknowledge that I am fully aware of what is expected of me for my safety during my planned treatment and also that I/we will be charged a **Surgical Operatory Set-Up, Medication & Materials Surcharge of \$200.00** if my or my child's surgery is cancelled because I/we failed to follow the above pre-operative instructions, or if I/we wish to cancel and notify the office less than 48 hours prior to the scheduled day of surgery.

Patient Name: _____ Date: _____

Signature of adult Patient/Guardian/Parent: _____